

Signs of Wonder

What do you see?
In front of your face
In your distant memories
In your dreams for tomorrow

Pause

That which God created
Imposing mountains
Sweeping hills
Crashing ocean
Flowing river
Green Shoots
Flowers blooming

That which Humans created
The clean lines of architecture
The life in painting and sculpture
The sound of music and song
The sound of belly laughs
The life lived together
The wrinkle lines of joy and sadness

What do you see?
Where do you glimpse God?
In that which you see?
In front of you or inside of you
Sit for a moment
This is a sign of wonder

Pause

What do you hear?
Close your eyes and listen
To that which is loud and close by
To that which is distant and faint

Pause

That which God created
Rustling leaves
Singing birds
Trickling water
Gusty wind
Living breath

That which humans created
Emergency siren
Kettle boiling
Television playing
Machines whirring
The Rhythm of music

What do you hear?
How does God sound to you?
Up tempo beat, melodic sound
or still small voice
Sit for a moment

This is a sign of wonder

Pause

What do you feel?
physically, emotionally,
spiritually, inside and outside
Let them run free

Pause

That which God created you to be
A complex human being
Strong yet tender
resilient yet fragile
Loving yet hurtful

That which you are
Your body of Bone and sinew, heart and brain, kidney, liver and lungs.
Your personality - curious or cautious, efficient or careless, outgoing or reserved,
sensitive, or secure...
flawed yet unique

What do you feel?
How does God feel to you?
A deep ache or a loving touch
a sense or feeling
Sit for a moment
This is a sign of wonder

Pause

**We are a community of faith.
Strandlopers on a journey.
We have seen and heard, we have felt.
We have sat together for a moment and known a sign of your wonder.
Amen**

A BFX liturgy - written by David Wynd and Rob Wylie